

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The central text is positioned within a white, trapezoidal area that is part of this layered design.

Use of Peers in Hospitalization for *Mental* Health Crisis Holds

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What is Peer Support?

- ▶ Shared lived experience
- ▶ Cultivating Relationships
- ▶ Empowerment and encouragement
- ▶ Advocacy
- ▶ Person-Centered
- ▶ Trauma-Informed
- ▶ Recovery-Oriented
- ▶ Voluntary
- ▶ Trained and Certified

Why is Peer Support Important?

- ▶ Increased self-esteem and confidence
- ▶ Reduced hospital admission rates
- ▶ Decreased substance use and depression
- ▶ Increased empathy and acceptance
- ▶ Break down barriers
- ▶ Experience is the greatest teacher
- ▶ Understand roles and boundaries

Utilization of Peer Support in Crisis Holds Situations

- ▶ Hospital Emergency Room
- ▶ In-patient settings
- ▶ Peer Mentors in Court System
- ▶ Crisis Stabilization Centers
- ▶ Discharge Planning
- ▶ Understanding the Hold and Process
- ▶ Mobile Crisis Teams
- ▶ Law Enforcement Follow-up

What can you use now?

- ▶ Nevada Warmline
- ▶ Nevada NAMI Caring Contact
- ▶ Certified Community Behavioral Health Clinics