# What you'll find here.



### Individualized Peer Support

One-on-one support to help you achieve your goals in recovery. Work with your own peer support specialist and create a recovery plan to meet your needs and goals.



#### **Group Support**

Our recovery community centers provide space for many mutual-aid meetings and support groups available to the community most times of the day in addition to online support groups and meetings.



#### **Amenities & Resources**

Find a range of resources and supportive amenities. Recycled clothing, wifi and computer labs, library and literature, transportation assistance and more.



#### **Events & Activities**

Through partnerships and the skills of people from local communities of recovery, we plan fun and engaging events and activities throughout the week.



#### Workshops & Classes

Prepare for college, finish your GED, learn a new skill, or develop your understanding of recovery and addiction. In-person, online, and on-demand classes.

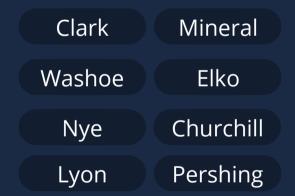
### Get Support

**©** 1-800-509-7762

Call the Nevada Recovery Support Warm Line to speak with a trained recovery support specialist.

We provide tele-recovery support services to all residents of Nevada, regardless of where they reside.

We have peer recovery support specialists physically located in the following counties:





Find recovery resources on the Nevada Recovery Resource Hub.

resources.forrecovery.org



### Community Recovery Support

### Southern Nevada

4800 Alpine Pl., Suite 12 Las Vegas, NV 89107 southcenter@forrecovery.org (702) 257-8199

### Northern Nevada

621 Pyramid Way Sparks, NV 89431 northcenter@forrecovery.org (775) 384-9513

## What are Peer Recovery Support Specialists?

Peer Recovery Support Specialists (PRSS) are individuals with **lived experience**, meaning they themselves are in recovery from substance use, problem gambling, mental health, and/or other co-occurring challenges.

Peer Recovery Support Specialists use their recovery experience, along with skills learned from specialized training, to provide nonclinical guidance to individuals working through their own recovery. Your PRSS walks side-by-side you in your recovery journey and works with you to develop an individualized recovery plan that **works for you**.

The role of the peer recovery support specialist is similar to that of a life-coach, educator, and mentor. **A PRSS is NOT:** a sponsor, counselor, nurse or doctor, or a clergy person.



### What is peer support?

Peer Recovery Support is centered around the goals, needs, and strengths of people in recovery and those struggling with substance use and can effectively extend treatment beyond the clinical setting into the **everyday environment** of those seeking or maintaining recovery.

Peer Support may be provided in group or individual settings, in-person or through telephone and video sessions (tele-recovery support).

It may also be integrated in other environments such as housing, educational and collegiate, faith-based organizations, the workplace, primary care and acute clinical settings, treatment centers, and others.

### This is your community.

Foundation for Recovery is Nevada's statewide recovery community organization, a charitable nonprofit powered by a community of **people like you**.

Unlike a treatment center, our recovery centers are non-clinical community centers that act as a hub for events, support, trainings, workshops, and a safe haven open to the public.





### Who we serve:

In short, anyone in recovery or struggling with their substance use.

We match you with a Peer Recovery Support Specialist most reflective of your experiences.

- We provide recovery support services to **any** adult 18+.
- All pathways of recovery are respected and welcomed. E.g. 12-step recovery is not required.
- Abstinence is not a requirement to receive peer recovery support services.
- Peer Recovery Support Sessions are **provided at no cost** to individuals As a nonprofit, we are funded by state, federal, and private grants and donations.
- Insurance is not a requirement to engage with a peer recovery support specialist. All of our services are provided free of charge.
- All peer recovery support specialists receive additional training on **trauma informed** care and cultural competency.
- Services are available where and when you need them, there's no requirement to stay in a program for a certain period of time.