

Helping the next person on their recovery journey.



## Find Us

4800 Alpine Pl., Suite 12  
Las Vegas, NV 89107  
(702) 257-8199  
forrecovery.org

## Apply for training

Contact our training department or apply online.

 [training@forrecovery.org](mailto:training@forrecovery.org)

 [educate.forrecovery.org](http://educate.forrecovery.org)



# Peer Recovery Support Specialist

Training & Certification Program



## What is a PRSS?

Peer Recovery Support Specialist (PRSS), also called recovery coaches, are individuals in recovery from substance use, problem gambling, mental health, and/or other/co-occurring challenges.

They use their recovery experience to advocate, provide support, resources, and hope to individuals working through their own recovery.

Similar to a life coach or wellness coach, Peer Recovery Support Specialists provide mentorship, guidance, and support to people seeking recovery. They assist their peers with goal setting and recovery planning, establishing healthy habits, accountability, and lend helpful resources.



## Why take the training?

The PRSS training is 46-hours of instructor-led lessons, group exercises, and activities designed to give you the foundational knowledge to begin recovery coaching. You'll learn techniques such as motivational interviewing, recovery planning, and proper documentation while building a deeper understanding of the recovery process and your unique strengths in supporting others.

The training covers the core competencies of peer recovery support specialists in four domains, including advocacy, mentoring and education, recovery and wellness support, and ethical responsibility.



## State Certification

The Nevada Certification Board (NCB) manages certification, testing, and continuing education.

Below are the NCB requirements to become a Certified Peer Recovery Support Specialist:

- ✔ **Lived experience:** A certified peer recovery and support specialist shall be in recovery for at least two years prior to certification.
- ✔ **Peer Recovery and Support Work Experience:** 500 hours of volunteer or paid work experience specific to the PRSS domains.
- ✔ **Education and Training:** A high school diploma or GED and completion of approved training curriculum.
- ✔ **Non-Clinical Supervision:** 25 hours of supervision specific to the domains is required.
- ✔ **Examination:** All applicants are required to pass the IC&RC proctored examination. Cost of Certification \$165 application fee, which includes the cost of the exam.
- ✔ **Renewal:** \$100 fee every two years with 20 hours of continuing education, including 6 hours of ethics.

## About Foundation for Recovery

Foundation for Recovery (FFR) is Nevada's largest consumer-led nonprofit providing education, advocacy, and peer-led recovery support services for people and families impacted by addiction. Our training is approved by the Nevada Certification Board and meets the requirements for state certification. FFR has trained over 300 PRSS across Nevada and has published helpful guides, toolkits, and continuing education for providers seeking to implement and supervise a peer workforce.