

#### What is the Warmline?

- Inbound/Outbound Contact
- No cost, non-crisis line for support
- Operates year-round
- One-on-one peer support
- Phone, text, and video conference options
- Calls are made or answered by Peer Wellness Operators

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## What is Peer Support?

- Shared lived experience with mental illness
- Social and emotional support
- Linkage to clinical care and community resources
- Ongoing support, extended over time
- Person-centered approach
- Complement and supplement care

### Why is it needed in Nevada?

- Repeat ER visits due to stress causes on crisis systems
- As many as 70% of those that survive suicide attempts never attend their first appointment or maintain treatment
- Overuse of crisis support services that can be addressed at a lower level of care

#### How is a referral made?

- Providers make a referral directly to the Warmline by phone or through Open Beds)
- The first call from Warmline is within 24 hours of referral
- Participant and Warmline operator set up scheduled contact times
- No referral is needed for inbound calls to the Warmline

# To talk to a Peer Wellness Operator or to make a referral call 775-419-8865

If you are experiencing a mental health emergency, please contact (800)273-8255

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