

## *Pediatric Mental Health Care Access Program Fact Sheet*

### PROGRAM PURPOSE

The Pediatric Mental Health Care Access (PMHCA) Program promotes behavioral health integration into pediatric primary care using telehealth. Statewide or regional networks of pediatric mental health teams provide tele-consultation, training, technical assistance, and care coordination for pediatric primary care providers to diagnose, treat and refer children with behavioral health conditions. The overarching goal of the program is to use telehealth modalities to provide timely detection, assessment, treatment, and referral of children and adolescents with behavioral health conditions, using evidence-based practices and methods such as web-based education and training sessions.

The PMHCA Program has the following priorities:

- Increase the availability and accessibility of statewide or regional networks of pediatric mental health teams composed of child and adolescent psychiatrists, licensed mental health professionals, and care coordinators through telehealth consultation and referral to pediatric primary care providers who care for children and adolescents with behavioral health conditions.
- Conduct training and provide technical assistance to primary care providers to enable them to conduct early identification, diagnosis, and treatment for children with behavioral health conditions.
- Provide information to pediatric providers about and assist pediatric providers in accessing pediatric behavioral clinicians.
- Improve access to treatment and referral services for children and adolescents with identified behavioral health conditions through telehealth, especially those living in rural and other underserved areas.

### PROGRAM IMPACT

States will demonstrate increased access to pediatric mental health care resulting from telehealth efforts to achieve the following measures:

- Number of primary care providers enrolled.
- Number of primary care providers who receive teleconsultation on behavioral health conditions.
- Number of children and adolescents seen by primary care providers who enrolled in a pediatric mental health care access program and who received a screening for a behavioral health condition.
- Percentage of children and adolescents who screened positive for a behavioral health condition and received treatment from primary care providers enrolled in a pediatric mental health care access program or a referral to a behavioral clinician.

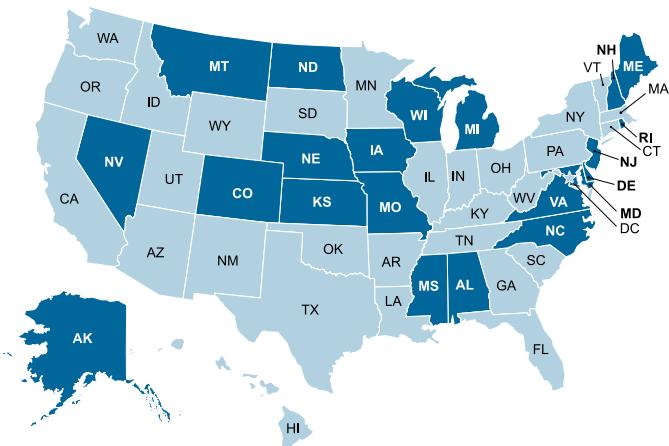
Awardees will report on these measures annually.



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## PROGRAM LOCATIONS

- Alabama: Alabama Department of Mental Health
- Alaska: Alaska Department of Health and Social Services
- Colorado: Colorado Department of Public Health and Environment
- Delaware: Delaware Department of Services for Children, Youth, and Families
- Iowa: Iowa Department of Public Health
- Kansas: Kansas Department of Health and Environment
- Maine: Maine Department of Health and Human Services
- Maryland: Maryland Department of Health, Behavioral Health Administration
- Michigan: Michigan Department of Health and Human Services
- Mississippi: Mississippi Department of Mental Health
- Missouri: Missouri Department of Mental Health
- Montana: Montana Department of Public Health and Human Services
- Nebraska: Nebraska Department of Health and Human Services
- Nevada: Nevada Division of Child and Family Services
- New Hampshire: New Hampshire Department of Health and Human Services
- New Jersey: New Jersey Department of Health
- North Carolina: North Carolina Department of Health and Human Services
- North Dakota: North Dakota Department of Health
- Rhode Island: Rhode Island Department of Health
- Virginia: Virginia Department of Health
- Wisconsin: Wisconsin Department of Health Services

## DIVISION OF MCH WORKFORCE DEVELOPMENT (DMCHWD)

DMCHWD, part of the Health Resources and Services Administration's Maternal and Child Health Bureau, provides national leadership and direction in educating and training our nation's current and future leaders in maternal and child health (MCH). The Division also provides leadership through state and community-based capacity building programs.

Special emphasis is placed on the development and implementation of interprofessional, family-centered, community-based and culturally competent systems of care across the entire life course.

DMCHWD supports programs established in federal legislation ([Title V of the Social Security Act](#), the [Autism CARES Act](#), and the [21st Century CURES Act](#)) to complement state and local health agency efforts. DMCHWD partners with state MCH programs, academic institutions, professional organizations, and other health training programs of the federal government to ensure that MCH workforce development programs are grounded in emerging and evidence-based practices.

In FY 2016, DMCHWD awarded 161 grants, an investment of approximately \$47 million.