Northern Regional Behavioral Health Resource Guide 2023-2024

CARSON CITY, CHURCHILL, DOUGLAS, LYON, AND STOREY COUNTIES





NEVADA RURAL HOSPITAL PARTNERS FOUNDATION 4600 KIETZKE LANE STE I-209, RENO, NEVADA 89502 CHERYLYN RAHR-WOOD NORTHERN REGIONAL BEHAVIORAL HEALTH COORDINATOR

If You Require Immediate Medical Assistance or are in a Life-Threatening Emergency Situation, Please Dial 911 Or Call or Text the Suicide Prevention Crisis Lifeline at 988.

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Behavioral Health Initiative Acronyms and Definitions

Behavioral Health Task Force (BHTF)

- County based policy meetings involving stakeholders that have a vested interest in behavioral health and their communities. Task forces are a place to gather, identify problems, and set goals and priorities for the communities to tackle problems both large and small. Task forces are effective in bringing all stakeholders together as they enable different professions to understand behavioral health impacts and challenges from different perspectives.

Certified Community Behavioral Health Clinics (CCBHC)

- Outpatient behavioral health clinics that provide integrated mental health and substance use treatment, primary care assessment, and medication management as needed. CCBHCs serve the 'whole person' by offering person-centered and family-centered care. Populations that CCBHCs provide services to include:
 - Adults with serious mental illness (SMI)
 - Children with serious emotional disturbance (SED)
 - Individuals with severe substance use disorders (SUD)
 - o Individuals with mild or moderate mental illness and substance abuse disorders
- Services provided:
 - Community-based mental health and substance use treatment services
 - Combined behavioral health and physical health care with no wrong door entry
 - Evidenced based practices
 - Improved access to high-qualitycare
 - Care coordination and case management to address all needs of the individual

Crisis Intervention Team (CIT)

The Crisis Intervention Team (CIT) model is a police-led, collaborative response for behavioral health crises that involves training patrol officers to recognize and de-escalate situations involving individuals experiencing a behavioral health crisis and to refer those individuals to appropriate services, as opposed to conducting an arrest, when possible. The goals of CIT programs are to increase the safety of police interactions with individuals experiencing a crisis, to improve access to behavioral health services for individuals in crisis, and to reduce reliance on the criminal justice system in addressing behavioral health-related challenges. These programs have most traditionally been used to address individuals experiencing mental health or substance use-related crises. Less research has examined the utility of these programs for improving police interactions with individuals with intellectual and/or developmental disabilities (IDD).

Forensic Assessment Service Triage Team (FASTT)

 FASTT teams may include social services, mental health, and substance use treatment agencies who conduct community in-reach into county jails to provide inmates with screening, assessment, treatment, and other services during incarceration and upon reentry into the community to reduce risk of rearrest.

Health and Human Services

 The services offered are unique to each county. Counties with robust social service agencies have a wide variety of services for vulnerable populations while other social service agencies are limited to offering emergency rent assistance, housing vouchers and transportation assistance.

Mobile Crises Response Team (MCRT) (Youth)

- The MCRT responds to youth and families in crises, by phone or in person, working to connect them to treatment and prevent hospitalizations. Mental health clinicians are available to assess, intervene, and stabilize crises, and connect the family to continuing care. MCRT provides a statewide hotline to receive referrals and provide screening. If additional intervention is necessary, a response team provides limited-time outreach to the youth and family to resolve the crisis. MCRT also offers short-term assistance and case management services.

Mobile Outreach Safety Team (MOST)

A team composed of a mental health clinician and/or case manager, and a law enforcement deputy; may also include an emergency services paramedic and/or social services case manager. The team responds to law enforcement calls and other community referrals that involve behavioral health crisis. Depending on the county, **MOST** teams may respond to psychiatric emergencies, provide community outreach, and/or provide maintenance checkups on previous contacts. **MOST**'s purpose is to reduce the risk of arrest and hospitalization for individuals experiencing behavioral health issues, thereby increasing the safety of the public.

Multidisciplinary Team (MDT)

 A regularly scheduled community provider meeting focused on development of service and crisis stabilization plans for individuals who are in chronic crisis or are overutilizing emergency services. Teams may consist of any combination of law enforcement, emergency medical services, housing, hospitals, social services, and behavioral health treatment providers. For certain populations, Adult Protective Services or the Department of Child and Family Services may be involved.

Northen Regional Behavioral Health Policy Board (NRBHPB)

Website: <u>https://nvbh.org/</u>

 Diverse group of stakeholders from Carson, Churchill, Douglas, Lyon, Mineral and Storey Counties, developed by the Nevada Legislature in 2017 (AB366) to identify gaps, needs, and solutions for behavioral health issues in the region. Currently meeting monthly.

Rural Children's Mental Health Consortium (RCMHC)

- The functions of the Consortia are to assess the current and behavioral health services for youth in each jurisdiction and develop a plan that will identify gaps and areas in need of improvement. The RCMHC is comprised of committed professionals, agency personnel, community representatives, parents, foster parents, youth, community business representatives, representatives from the Department of Education and advocates.

State of Nevada-Division of Public and Behavioral Health Rural Clinics (DPBH)

Website: <u>https://dpbh.nv.gov/</u>

 Public outpatient behavioral health services are provided by the Nevada Division of Public and Behavioral Health. Offices are located in most counties (with the exception of Eureka and Storey Counties).

Western Regional Specialty Courts (WRSC)

Website: https://www.reno.gov/government/municipal-court/specialty-courts-and-programs

- Specialty Courts are problem-solving courts that help break the cycle of drug and/or alcohol addiction that can influence adult criminal activity, juvenile delinquent behavior, or parental abuse and/or neglect of children. Nevada Revised Statute (NRS) 176.0613 defines a Specialty Court program as, "A program established by a court to facilitate testing, treatment, and oversight of certain persons over whom the court has jurisdiction and who the court has determined suffers from a mental illness or abuses alcohol or drugs."

Collaborative Behavioral Health Programs

	FASTT	JASTT	CIT	MOST	Vulnerable Adult MDT	Elder MDT	Youth MDT
Carson	\checkmark	~~	\checkmark	\checkmark	~~	\checkmark	\checkmark
Churchill	\checkmark		~~		~~	\checkmark	\checkmark
Douglas	\checkmark		~	\checkmark	~~	\checkmark	\checkmark
Lyon	\checkmark		~	\checkmark	44	\checkmark	\checkmark
Storey	~~			\checkmark			\checkmark

Specialty Courts in the Region

	Mental Health Court	Drug Court (MAT)**	Misdemeanor Drug Court	DUI Diversion Court	Family Court
Carson	~~	√√*	~~	₩.	√ √
Churchill	\\ *	√√*		₩.	√ √*
Douglas		~*		-vi*	√ √
Lyon	√√ *	~*		-vi*	√√ *
Storey		√√*		√i ⊀	

*Provided by Western Regional Specialty Courts **Medication Assisted Treatment

MOST Hours

Counties with MOST	Service Teams	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carson City (two teams)	One		7:00-4:00	7:00 - 4:00	7:00-4:00	7:00-4:00		
	Two			9:00 - 6:00	9:00 - 6:00	9:00 - 6:00	9:00 - 6:00	
*Douglas (two teams)	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00		
	Two						2:00 - 9:00	
*Lyon (two teams)	One			6:30 - 5:00	6:30 - 5:00	6:30 - 5:00	6:30 - 5:00	
	Two		8:00 - 5:00					

*Subject to change. Funding and staffing can affect the days and times of service.

FASTT Hours

Counties with FASTT	Service Teams	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carson	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	
*Churchill	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	
*Douglas	One		9:00 - 2:00	9:00 - 2:00	9:00 - 2:00	9:00 - 2:00	9:00 - 2:00	
*Lyon	One		8:00 - 5:00	8:00 - 5:00	8:00 - 5:00	8:00-5:00	8:00 - 5:00	

*Subject to change. Funding and staffing can affect the days and times of service.

Behavioral Health Resources

National Resources

National Crisis Call and Support Lines

988 Suicide Prevention & Crisis Lifeline...... Call or Text 988 Website: <u>988lifeline.org</u>

- The National Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for individuals and family members, and best practices for professionals in the United States.

Crisis Text Line..... Text "HOME" to 741741

- The National Crisis Text Line is available for any crisis anywhere, anytime in the United States. A live, trained Crisis Counselor will receive the text and respond, all from a secure online platform.
- Website: <u>https://www.crisistextline.org/</u>

Domestic Violence – National Hotline.....Call (800) 799-7233Text "START" to 88788

- The National Domestic Violence Hotline provides essential tools and support 24/7, 365 days a year, to help survivors of domestic violence so they can live their lives free of abuse.
- Contacts to The Hotline can expect highly trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

Harm Reduction Coalition

- Advocacy, Community, and Resources by building evidence-based strategies with and for people who use substances.
- Website: <u>https://harmreduction.org/</u>

National Suicide Prevention LifelineCall (800) 273-8255 (TALK)

 National crisis line provides support 24/7, 365 days a year for individuals of all ages in any type of crisis.

NAMI Helpline..... Call (800) 950-6264 (NAMI)

- Call the NAMI Helpline, M-F 10am-10pm ET
- 24/7 Confidential, Free Crisis Counseling...... Text NAMI to 741741

Nevada Council on Problem Gambling...Call (702-369-9740 or Fax (702) 369-9765 National Problem Gambling Hotline......Call (800)-GAMBLER or Text 800GAM

- The National Council on Problem Gambling operates the National Problem Gambling helpline network with help from state affiliates. The Helpline is a single point of access for those seeking help for either their gambling or someone else's. Trained and certified hotline professionals will access, recommend, and provide problem gambling information and resources specific to the caller's area.
- Email: <u>info@nevadacouncil.org</u>
- Website: <u>www.nevadacouncil.org</u>
- Chat: <u>1800gamblerchat.org</u>

Peer Support Network-Resiliency CenterCall or Text (775) 464-1797

- Provides resources and support to our law enforcement, firefighters, EMS, first responders, veterans, hospital professionals, and their families.
- Address: 330 East Liberty Street, Reno, NV, 89501
- Email: <u>hello@nvpsn.org</u>
- Website: <u>https://www.nvpsn.org/index.html</u>

Trevor Project...... Call (866) 488-7386 or Text 678678

- The Trevor Project's mission is to end suicide among LGBTQ young people.
- Website: <u>https://www.thetrevorproject.org/</u>

Substance Abuse and Mental Health Services Administration (SAMHSA) Website

- SAMHSA "leads public health efforts to advance the behavioral health of the nation and to improve the lives of individuals living with mental and substance use disorders, and their families."
- Website: <u>https://www.samhsa.gov/</u>

Veterans Crisis LineCall 988, Press 1, or Text 838255

- The National Veterans Crisis Line responders are continuing to support Veterans, service members, and their families via 988. Responders are trained in crisis intervention and military culture.

Statewide Resources

General State Agencies and Information

Access to HealthCare Network......Call (775) 507-4480

A Trusted Nevada Healthcare Non-Profit. Through innovative services and programs, it is our goal to help individuals and organizations manage their healthcare and health-related needs effectively, efficiently, and affordably. Access to Healthcare Network is a registered 501(c)3 non-profit. Services: - Medical Discount Program - FREE Women's Breast and Cervical Exams - Medicare Assistance - Nevada Care Connection (NVCC) Aging and Disability Resource Center - Health Education; Diabetes & Chronic Disease Management - Support services for the Deaf & Hard of Hearing community - Free Non-Emergent Transportation -Much More!

- Website: <u>https://www.accesstohealthcare.org/</u>

Aging and Disability ServicesCall (888) 729-0571

This division is where citizens can "report suspected abuse, neglect, exploitation, isolation, or abandonment of vulnerable adults 18 years and older."

- Website: <u>https://adsd.nv.gov/</u>
- □ State Long Term Care Ombudsman-Marie A. Coe
- Email: <u>macoe@adsd.nv.gov</u>

Child Protective Services (CPS).....Call (833) 571-1041 Afterhours and Weekends-Please call local law enforcement to make a report.

Children's Cabinet.....Call (775) 856-6200 or (800) 753-5500

Keeping children safe and families together by providing services and resources that address unmet needs through a cooperative effort between public and private sector agencies.

- Email: <u>mail@childrenscabinet.org</u>
- Website: https://www.childrenscabinet.org/

Health LinkCall (800) 547-2927

Silver State Health Insurance Exchange to help find an affordable health insurance plan according to individuals need and budget.

- Website: <u>https://www.nevadahealthlink.com/</u>

Nevada Peer Support Network – Resiliency Center Call (775) 464-1797

Provides resources and support to our law enforcement, firefighters, EMS, first responders, veterans, hospital professionals, and their families.

- 330 East Liberty Street, Reno, NV, 89501
- Website: <u>nvpsn.org/index.html</u>
- Email: <u>hello@nvpsn.org</u>

Nevada Statewide Coalition Partnership......Call (775) 450-7333

- Website: <u>https://healthiernv.org/</u>

- Pediatric Access Line (PAL) Program......Call (702) 553-4528 The free Pediatric Access Line (PAL) program makes child & adolescent psychiatry consultation immediately available to any physicians in Nevada-regardless of their resources or where they live. The PAL Library offers a free, open-access library of quick summary guides designed to help physicians get a better understanding of mental health conditions, including diagnosis, treatment, medication protocols and more.
 - Website: https://center4cs.org/pal-members/dashboard/

Public and Behavioral HealthCall (775) 684-420024 Hour Public Emergency ContactCall (775) 684-5920

Physical and behavioral health services and resources in Nevada

- Address: 4150 Technology Way, Carson City NV 89706
- Email: <u>https://dpbh.nv.gov/</u>
- Website: https://dpbh.nv.gov/Resources/Resources/

- Website: https://nevadalegalservices.org/

State of Nevada Rural Housing Authority.....Call (775) 887-1795 Housing Choice Voucher and rental assistance for low-income participants.

- Email: help@nvrural.org
- Website: <u>https://nvrural.org/</u>

- Services veterans, services members, and their families.

- Website: <u>https://veterans.nv.gov/</u>

- Website: https://detr.nv.gov/Page/Rehabilitation Division

Welfare and Supportive Services (DWSS) Call (800) 992-0900

The website for this entity houses a child support portal. The division "engages clients, staff and the community to provide public assistance benefits to all who qualify and reasonable support for children with absentee parents to help Nevadans achieve safe, stable and healthy lives." This entity also determines eligibility for the Medicaid program.

- Website: <u>https://dwss.nv.gov/</u>

Behavioral Health Services: Inpatient, Outpatient and Crisis Services

- Program of the Nevada Department of Health and Human Services helping Nevadans connect with the services they need.

988 Suicide Prevention & Crisis Lifeline...... Call or Text 988 Website: <u>988lifeline.org</u>

 The National Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for individuals and family members, and best practices for professionals in the United States.

CARE Team-Rural Clinics Immediate Mental Health Call (877) 283-2437 Website: https://dpbh.nv.gov/Programs/Rural Clinics Administration/CARE Team/

- Supports adults anywhere in Rual Nevada needing immediate mental health care.
- Phone Triage open 24/7, and stabilization with aftercare.
- CARE Team response hours 9am-6pm, 7 days a week, excluding holidays.

Crisis Support Services of Nevada

.....Call (800) 273-8255 (TALK) or Text CARE to 839863 Website: <u>cssnv.org</u>

 Statewide crisis line provides support 24/7, 365 days a year for individuals ofall ages in any type of crisis.

Children/Youth Crisis Hotline

Northern Nevada	Call (775) 688-4970
Southern Nevada	()
Rural Nevada Call Center Hotline	
Website: https://knowcrisis.com/	

 Mobile Crisis Response Team (MCRT) provides 24/7 telephone triage and crisis intervention and short-term support to Nevada families dealing with a behavioral or mental health crisis including phone triage, crisis response and stabilization and after care.

Website: <u>http://safevoicenv.org/</u>

- Statewide anonymous reporting system used to report issues regarding safety to the wellbeing of students, parents and faculty-including bullying, suicide, and self-harm.
- Available 24/7, 365 days a year.

Vegas Strong Resiliency CenterCall (702) 455-2433 or (833) 299-2433

Website: <u>vegasstrongrc.org</u>

1524 Pinto Lane, Las Vegas, NV 89106

Hotline hours: 10 am to 7 pm Monday through Friday.

 Services include victim advocacy and support, case management, counseling and spiritual care referrals, and technical assistance with applying for online services including FBI Victim Assistance. Also provides free civil legal services including legal consultation and possible legal representation for issues involving insurance matters, medical billing problems, debt collection, housing and evictions, family law matters, and more.

- Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Behavioral Health Non-Emergency Medical Transportation

MTM 24/7 scheduling call line.....Call (844) 879-7341 Website: <u>mtm-inc.net/nevada/</u>

- MTM is the State of Nevada's non-emergency transportation manager for eligible Medicaid members across the state.
- Provides transport for medical appointments covered by Medicaid, pre-arranged hospital to hospital transports, and hospital discharges home.
- For facility transfers or discharges, transport can be arranged on the same dayor within 24 hours if travel is out of the service area.

Nevada Rural Counties Retired & Senior Volunteer Program (RSVP).....Call (775) 687-4680 Website: <u>https://www.nevadaruralrsvp.org/</u> Email: info@nvrsvp.com

- Transportation, respite, good neighbor, homemaker services, personal emergency response, Veterans VIP

State Support Lines

CARE Team - Rural Crisis HotlineCall (877) 283-2437

- For adults experiencing a mental health crisis, 9 am - 6 pm, 7 days a week.

A non-crisis number for anyone who needs someone to listen to or text – peer support.

NAMI Teen Text Line Call (775) 296-8336

A non-crisis number for any youth who needs someone to listen to or text – peer support.

Nevada Peer Recovery Support Warmline (SUD)...... Call (800) 509-7762 Website: <u>https://sites.google.com/forrecovery.org/covid-19/online-support-groups</u>

 A non-crisis number provided by Foundation for Recovery, for anyone who is experiencing substance use issues or needing additional support in maintaining recovery.

Substance Use-Statewide

Community Support Recovery Meetings

- Alcoholics Anonymous: <u>https://www.aa.org/find-aa</u>
- Narcotics Anonymous: <u>https://www.na.org/meetingsearch/</u>
- Smart Recovery: https://meetings.smartrecovery.org/meetings/
- Celebrate Recovery: https://www.celebraterecovery.com/what-we-offer/find-a-cr-meeting

Mobile Opioid Recovery Engagement Team (M.O.R.E)

Life Change Center Hotline Call (833) GET-TLCC (1-833-438-8522) Website: <u>tlccreno.org</u>

 Hotline staffed by a peer recovery specialist for individuals or loved ones who struggle with the use of heroin or pain pills. The phone line is monitored from 5 am to 10 pm, 7 days a week. Overseen by The Life Change Center.

Nevada Peer Recovery Support Warmline (SUD)...... Call (800) 509-7762

Website: <u>https://sites.google.com/forrecovery.org/covid-19/online-support-groups</u>

 A non-crisis number provided by Foundation for Recovery, for anyone who is experiencing substance use issues or needing additional support in maintaining recovery.

Rural Nevada Counseling Client Support Line

Peer Warm Line.....Call (775)-315-2268
 All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Regional Resources

Behavioral Health Services: Inpatient, Outpatient and Crisis Services

Website: <u>awakenjustice.org/about-nevada</u>

 Awaken acts to transform our community with the ultimate goal of eradicating commercial sexual exploitation. They aim for victims of commercial sexual exploitation to be restored to their fullest potential and aspire to be an inspirational model for other communities.

Website: <u>www.carechest.org</u>

- A nonprofit agency that provides medical equipment, supplies, nutrition, prescription assistance and more to individuals in need.

Carson Tahoe Behavioral Health Services (Main Hospital)...... Call (775) 445-8000

Carson Tahoe Behavioral Health Services (Inpatient).....Call (800) 283-7671 1080 North Minnesota Street, Carson City, NV 89706

Website: https://www.carsontahoe.com/behavioral-health-services.html

 Provides inpatient psychiatric and medically supported mental health and substance use treatment services for adults over 18 and older adults in need of geriatric medication adjustment and management.

Website: https://www.carsontahoe.com/behavioral-health-services.html

 24/7 behavioral health crisis stabilization services including assessment, medically supported chemical dependency detoxification services, medication adjustment, counseling, and referral.

Carson Tahoe Specialty Medical (Outpatient)...... Call (775) 445-7756 775 Fleischmann Way, Carson City, NV 89703

Website: https://www.carsontahoe.com/behavioral-health-services.html

- Outpatient Services include individual and group counseling

Carson Valley Health

1107 Highway 395 N Gardnerville, NV 89410 Call (775) 783-1646 Website: <u>https://www.carsonvalleyhealth.org/</u>

- A 23-bed/state-accredited hospital with an additional 5 off-site primary care clinics, an urgent care center, and a host of outpatient and complimentary services.

Community Chest, Inc.

- Provides outpatient counseling, case management, workforce employment support, and domestic violence services.
 - Dayton
 - Virgina City
 - Fernley
 - Yerington
 - Telehealth

Northern Nevada Adult Mental Health Services Call (775) 688-2001 480 Galletti Way, Sparks, NV 89431

Website: dpbh.nv.gov/about/overview/nnamhs overview

- Provides a comprehensive, community-based behavioral health system for adult consumers. Inpatient services are provided through Dini-Townsend psychiatric hospital, located on the same campus as the central Northern Nevada Adult Mental Health Services site. Numerous outpatient services are available which include but are not limited to the Washoe Community Mental Health Center, Outpatient Pharmacy, Psychosocial Rehabilitation Program, Medication Clinic, Service Coordination, Mental Health Court, and Residential Programs.
- Services are provided on a sliding fee scale, and all clinics accept private insurance, Medicaid, and Medicare. Services are not denied if an individual does not have the ability to pay.

Reno Behavioral Healthcare Hospital...... Call (877) 787-8518 6940 Sierra Center Parkway, Reno, NV 89511 Website: renobehavioral.com

 Provides inpatient psychiatric services and supports for children, adolescents, adults and older adults, as well as medically supported substance use detoxification and treatment services.

Rural Counseling and Supportive Services

Website:

dpbh.nv.gov/Programs/ClinicalDropIn/Locations/Rural_Counseling_and_Supportive_ Services_Location/

- Dayton Clinic......Call (775) 461-3769
 5 Pine Cone Road, Dayton, NV 89403
- Douglas Clinic.....Call (775) 782-3671
 1528 US HWY 395 North, Suite 100 Gardnerville, NV 89410

- Yerington Clinic...... Call (775) 463-3191
 215 Bridge Street, #5, Yerington, NV 89447
- Provides a comprehensive array of services to populations living with severe mental illness and/or severe emotional disturbance. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, and medication clinic.

Rural Nevada Counseling

Website: <u>ruralnevadacounseling.org</u>

MCT PeerCall (775) 431-2268 24hr Crisis Line.....Call (775) 431-0211

- 3595 US Hwy 50 Suite #5, Silver Springs, NV 89429......775-577-6441
- All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Southern Nevada Adult Mental Health Services...... Call (702) 486-6000 Website:

https://dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Southern_Nevada_Adult_Ment al Health Services (SNAMHS) Locations/

- Inpatient and Outpatient services; five mental health clinics serving the community and rural Southern Nevada.
- Mobile Crisis, counseling, service coordination, case management, medication management, consumer assistance, peer support; residential support programs, mental health court, Assertive Community Treatment (PACT) teams, Assisted Outpatient Treatment and Drop-in Center.

- Telehealth, outpatient (IOP), residential, crisis management, primary care, veterans, transitional housing

Vitality Unlimited 24/7/365 Crisis Management

_	Reno	Call (775) 322-3668
	Carson City	
	Dayton	

<u>Hospitals</u>

hospital	
Carson Tahoe Health	Call (775) 445-8000
1600 Medical Pkwy, Carson City, NV 89703 Website: <u>https://www.carsontahoe.com/</u>	
Carson Valley Health	
1107 Highway 395 N Gardnerville, NV 89410 Website: <u>https://www.carsonvalleyhealth.org/</u>	Call (775) 783-1640
Desert View Hospital	Call (775) 445-8000
260 Lola Lane, Pahrump, NV 89048 Website: <u>https://desertviewhospital.com/</u>	
Grover C. Dils Medical Center	Call (775) 726-379'
700 North Spring St. Caliente, NV 89008 Website: <u>https://gcdmc.org/</u>	
Mt. Grant General Hospital	Call (775) 945-070
200 South A St. Hawthorne, NV 89415	
Website: <u>https://mgghnv.org/</u>	
South Lyon Medical Center	Call (775) 463-2348
213 S Whitacre St, Yerington, NV 89447 Website: <u>slmenv.org</u>	

Community Chest Hotline......Call (775) 297-1267

 Crisis call line and online counseling services to members of Lyon, Mineral, and Storey Counties, and extended areas for reduced rates.

Certified Community Behavioral Health Clinics (CCBHC)

Website: <a href="http://doi.org/10.1016/journal.com/doi/org/10.1016/journal.com/doi/10.1016/journal.c

- Certified Community Behavioral Health Clinics will serve any individual in need of care, regardless of ability to pay, if you are in one of these groups:
 - Adults with serious mental illness.
 - Children with serious emotional disturbance (SED).
 - Individuals with severe substance use disorders.
 - Individuals with mild or moderate mental illness and substance abuse disorders.

Services:

- Community-based mental and substance use disorder services.
- Combined behavioral health and physical health care with no wrong door entry to services.
- Evidence-based practices.
- Improved access to high-quality care.
- Care coordination and case management to address all needs of the individual.

Locations:

- Vitality Unlimited Office(775) 738-4158/Cell: (775) 934-1445
- 119 East Long Street, Carson City, NV 89706
- 120 Pike Street, Dayton, NV 89403
-Call (775) 241-9442
- 215 Bluffs Avenue, Suite 100, Elko, Nevada 89801
- New Frontier Treatment Center
- 1490 Grimes Street / P.O. Box 1240, Fallon, Nevada 89407
 -Call (775) 423-1412
- 24-Hour Emergency LineCall (775) 427-4040
- Bridge Counseling Associates
- 1640 Alta Drive, #4, Las Vegas, Nevada 89106
- 4221 McLeod Drive, Las Vegas, Nevada 89121
-Call (702) 474-6450

Rural Nevada Counseling

- 3595 US-50, Suite 2, Silver Springs, NV 89429
-Call (775) 463-6597
- 415 Highway 95A, Suite H801, Fernley NV 89408
-Call (775) 575-6191
- Quest Counseling
- 3500 Lakeside Court, Reno, Nevada 89509Call (775) 786-6880
- Community Counseling Center
 - 205 South Pratt Street, Carson City, Nevada 89701Call (775) 882-3945

Behavioral Health Advocacy and Support Services

National Alliance on Mental Illness (NAMI) Western Nevada... ... Call (775) 440-1626

3094 Research Way, Suite #61. Carson City, NV 89706

Website: namiwesternnevada.org

 Advocates for a life of quality and dignity by providing free education, resources, and confidential emotional support to families and those affected by mental illness. Works to end discrimination and stigma for all the persons affected by these illnesses through broader education and collaboration with the entire community.

□ Programs offered:

NAMI Family-to-Family

NAMI Family-to-Family is a free 12 session course for family members and partners of individuals with serious mental illnesses taught by trained NAMI family members and caregivers of individuals living with mental illness.

NAMI Family Support Group

NAMI Family Support Group is a free and confidential bi-monthly meeting of family members. This group focuses on developing community, shared wisdom, and best support practices for loved ones living with mental illness. These meetings are facilitated by trained NAMI volunteers who are family members.

NAMI Basics

NAMI Basics is a free 6 session education program developed specifically for parents and other caregivers of children and adolescents who have either been diagnosed with a serious mental illness or are experiencing symptoms.

NAMI In Our Own Voice

NAMI In Our Own Voice is a free, unique public education presentation that offers insight into the hope and recovery possible for people living with mentalillness.

NAMI Peer-to-Peer

NAMI Peer-to-Peer is a free, 10 session, peer-led, recovery education course, open to any person with a serious mental illness. Peer to Peer emphasizes recovery from mental illness as a feasible, supportable goal and challenges the stigma often wrongly associated with mental illness.

NAMI Homefront

NAMI Homefront is a free, 6 session education program for families, caregivers and friends of military service members and veterans with mental health conditions.

Community Health Nurses

Division of Public and Behavioral Health Community Health Nurses: Website:

https://dpbh.nv.gov/Programs/ClinicalCN/Locations/Rural Community Health Services Locations/

_	Churchill County Community Health Nurse
	485 West B St. Suite 101 Fallon, NV 89406
_	Dayton Community Health Nurse
	5 Pinecone Dr., Suite 103, Dayton, NV 89403Call(775) 246-6211
_	Fernley Community Health Nurse
	55 East Main Street, Fernley, NV 89406Call (775) 575-3363
—	Lincoln County Community Health Nurse
	1005 Main Street, Panaca, NV 89042Call (775) 962-8086
_	Pahrump Community Health Nurse
	55 East Main Street, Fernley, NV 89406Call (775) 575-3363
_	Silver Springs Community Health Nurse
	1981 E. Calvada Blvd. Ste 100, Pahrump, NV 89048Call (775) 577-0319
—	South Lyon Medical Center
	213 S Whitacre St, Yerington, NV 89447 Call (775) 463-2348
—	Tonopah Community Health Nurse
	1 Frankie St, Tonopah, NV 89049 Call (775) 482-6659
_	Yerington Community Health Nurse
	26 Nevin Way, Yerington, NV 89447 Call (775) 493-6539
_	Yerington Paiute Tribal Health Clinic
	171 Campbell Lane, Yerington, Nevada 89447 Call (775) 783-0222

Specialty Courts

Western Regional Specialty Court (WRSC)......Call (775) 232-4737 Website: <u>https://nvcourts.gov/aoc/programs_and_services/specialty_courts/overview</u>

Tribal Communities

Duckwater Health Clinic-Shoshone Tribe	.Call (775) 863-0222
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- Website: <u>https://www.duckwatertribe.org/</u>
- P.O. Box 140087. Duckwater, NV 89314

Fallon Tribal Health Clinic..... Call (775) 423-3634

- Website: <u>https://www.fpst.org/departments/fpst-clinic/</u>
- 1001 Rio Dr. Fallon, NV 89406

Walker River Paiute Tribal Health ClinicCall (775) 773-2005

- Website: <u>https://www.wrpt.org/</u>
- 1025 Hospital Rd. Schurz, NV 89427

Washoe Tribal Health Clinic Call (775) 265-4215

- Website: <u>www.washoetribe.us</u>
- 1559 Watasheamu Rd. Gardnerville, NV 89460

Yerington Tribal Health ClinicCall (775) 783-0222

- Website: <u>www.yeringtonpaiute.us</u>
- 1001 Rio Dr. Fallon, NV 89406

Public Health Services

Central Nevada Health District

Website: http://mineralcountynv.us/board_of_health/central_nevada_health_district.php

- Serving in public health preparedness, disease investigations, public health nursing, environmental health, and disease prevention in the following counties:
 - Crescent Valley
 - Churchill
 - Eureka
 - Mineral
 - Pershing

Local Resources

Carson City

For additional local information on community resources, please visit Partnership Carson City's website at: <u>http://www.pcccarson.org/local-services/</u>

County Leadership and Emergency Response More information on Carson City departments can be found at <u>http://carson.org/</u>

Carson City Dispatch:

For emergency and non-emergency law enforcement and	nd Emergency Medical Services/
Fire response	Call (775) 887-COPS (2677)

Carson City Sheriff:

Sheriff Ken Furlong	
911 East Musser Street, Carson City, NV	.Call (775) 887-2500

Carson City Juvenile Probation:

Chief Ali Banister	
740 S Salimon Road, Carson City, NV	Call (775) 887-2033

Carson City Fire Department:

Chief Sean Slamon	
777 S Stewart St, Carson City, NV	Call (775) 887-2210
- Provides emergency situation management including fire	es and medical services.

Carson City Health and Human Services:

Director: Nicki Aaker	
900 East Long Street, Carson City 89706	. Call (775) 887-2190

Carson City Health Officer	Call	(775) 887-2190
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Carson City Public Guardian.....Call (775-887-2295 City Hall 201 N. Carson Street, Suite 1 Carson City, NV 89701

Crisis Behavioral Health Services: Adult and Youth

Carson Tahoe Mallory Crisis Center

775 Fleischmann Way, Carson City, NV 89703.....Call (775) 445-8889 Website: <u>https://www.carsontahoe.com/behavioral-health-services.html</u>

 24/7 behavioral health crisis stabilization services including assessment, medically supported chemical dependency detoxification services, medication adjustment, counseling, and referral.

Carson City Mobile Outreach Safety Team

Call the Sheriff's non-emergency dispatch at...... (775) 350-5118 or (775) 230-6002 to request a MOST visit.

- Monday- Friday 8 am- 5 pm.
- Clinician and CIT Behavioral Health Peace Officer team that provides community outreach and support for individuals experiencing behavioral health issues.

Youth Mobile Crisis Response TeamCall (702) 486-7865 Website: <u>http://knowcrisis.com/</u>

 24/7 telephone triage, mobile crisis response, and crisis stabilization across Nevada.

Inpatient Psychiatric and Medical Detox Behavioral Health Services: Adult and Senior

Carson Tahoe Behavioral Health Services

1080 North Minnesota Street, Carson City, NV 89706 Call (775) 445-7350

 Provides inpatient psychiatric and medically supported mental health and substance use treatment services for adults over 18 and older adults in need of geriatric medication adjustment and management.

Outpatient Behavioral Health Services: Adult and Youth

Connections Behavioral Health

777 East William Street #106, Carson City, NV 89701.....Call (775) 686-0117

- Outpatient medication management and counseling.

Carson Professional Group

407 N. Walsh Street, Carson City, NV 89701 Call (775) 887-1313 Website: <u>carsoncounseling.com</u>

 Provides counseling services such as individual, marriage, child and family/group therapy, grief counseling, PTSD, as well as psychoeducation and psychotherapy.

Carson Tahoe Behavioral Health Services

775 Fleischmann Way, Carson City, NV 89703...... Call (775) 445-7350 Website: carsontahoe.com/behavioral-health-services

- Outpatient medication management and behavioral health counseling services.

Division of Public and Behavioral Health Rural Clinics- Carson City

1665 Old Hot Springs Road, Suite 150, Carson City, NV 89706 Call (775) 687-0870 Website:

dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural_Community_Health_Services

- Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, residential supports, and mental health court.

Pacific Behavioral Health

601 West Moana Lane, Suite 9. Reno, NV 89509..... Call (775) 287-8270 Website: pbehavioralhealth.com

 Provides outpatient behavioral health assessment, telehealth, counseling, and psychosocial rehabilitation (PSR) and basic skills training (BST) for youth and adults, as well as offers an intensive outpatient treatment program (IOP) for youth.

Sierra Counseling and Neurotherapy

2874 North Carson Street, Suite 215, Carson City, Nevada 89701.. Call (775) 885-7717 Website: <u>scncounseling.com</u>

- Comprehensive mental and substance abuse clinics. Offers individual, group, and family counseling, consulting, therapy services.

Outpatient and Residential Substance Use Treatment

Community Counseling Center

205 S Pratt Ave, Carson City, NV 89701 Call (775) 882-6126 Website: www.cccofcarsoncity.org

Inpatient/Outpatient substance use individual and group counseling. Bilingual Services available.

The Life Change Center

1201 North Stewart Street, Carson City, NV 89702.....Call (775) 355-7734 Website: tlccreno.org

- Methadone and medication assisted treatment (MAT) clinic.

Vitality Unlimited Carson City

900 East Long Street, Carson City, NV 89706 Call (775) 461-0999 Website: http://www.vitalityunlimited.org/

 Social Model (non-medical) detox services, and residential and inpatient/outpatient substance use treatment services.

Health Services

Nevada Health Centers Carson City School Based

618 Musser St. Carson City, NV 89703	Call (775) 445-3500
 Open Tuesdays and Thursdays Only. 	

Social Services

Carson City Health and Human Services

Manager: Mary Jane Ostrander	
900 East Long Street, Carson City 89706	. Call (775) 887-2190
Website: http://gethealthycarsoncity.org/	

- Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

School Support Services

School Social Worker and Mental Health Services Program Manager, Carson City School District Project AWARE......Call (775) 687-9115

Community Advocacy and Support Services

Advocates to End Domestic Violence	
3640 Gordon St, Carson City, NV 89706	Call (775) 884-1886
24 hr Hotline	Call (775) 883-7654
Walster https://www.asdr.aug/	

Website: <u>https://www.aedv.org/</u>

 A Domestic Violence Resource Center (formerly the Committee to Aid Abused Women) that provides free services for people experiencing family violence. The mission is to, "Rebuild safe and hopeful lives for victims of family violence."

Friends in Service Helping (FISH)

138 E Long St, Carson City, NV 89706Call (775) 882-3474 Website: <u>https://www.nvfish.com/</u>

- Provides food assistance, instruction, healthcare, clothing, shelter, and medical aid to individuals who face food insecurity and housing challenges.

Journey Within Behavioral Health

777 E William St. Suite 101, Carson City, NV 89701.....Call (775) 434-7103 Website: <u>http://journeywithintoday.com/</u>

- Open Tuesday through Friday
- Offers individualized outpatient services that are tailored to meet the treatment goals set by the client.

Nights Off the Streets (N.O.T.S.) Shelter Call (775) 600-2632

Email: notscarson@gmail.com

- Open November through March: Every night 9 pm 6 am.
- Cots and blankets provided; pets welcome but must be kept in crates. No meals served.

Northern Nevada Dream Center

3579 US Hwy 50 E, Carson City, NV 89701 Call (775) 443-4090 Website: <u>Northern Nevada Dream Center (nndreamcenter.org)</u>

- Brings hope and relief to individuals and families in need by providing support and services that address hunger, poverty, homelessness, addiction, education and spiritual well-being.

Partnership Carson City

1925 North Carson Street, Carson City, NV...... Call (775) 841-4730 Website: <u>http://www.pcccarson.org/</u>

 Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

Ron Wood Family Resource Center

2621 Northgate Ln, Carson City, NV 89706 Call (775) 884-2269 Website: <u>http://ronwoodcenter.org/</u>

- Provides support services to obtain access to housing, food, basic needs, and transportation.
- Offers independent living, Differential Response, Cribs for Kids, truancy prevention and intervention.
- Youth and family counseling and support services, parenting classes, emotional regulation classes for youth, and co-parenting services available.
- Food bank available for emergency food supplies.

Spirit of Hope, Inc.

411 N Division St, Carson City, NV 89703...... Call (775) 461-3331 Website: <u>https://www.spiritofhopeinenv.org/</u>

- Provides affordable, clean, sober, and nurturing housing to low-income people from all walks of life using a "housing first" approach to solving homelessness in our community.

Specialty Courts

Carson City Mental Health Court	.Call	(775)	882-612	26
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Carson City Drug Misdemeanor Court...... Call (775) 882-3945

Western Regional Specialty Court (WRSC)Call (775) 232-4737

- Email: <u>westernregionaldc@gmail.com</u>
- Provides DUI Diversion and Drug Medication Assisted Treatment (MAT) Court in Carson City.

County Jail Re-Entry Support Services

Carson City Jail.....Call (775) 887-2020 ext. 41600

- Dr. Joseph McEllistrem
- Website: <u>carson-family.org/staff</u>

Carson City Forensic Assessment Services Triage Team (FASTT)

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Carson FASTT include DPBH Rural Clinics Carson City, Community Counseling Center, and Ron Wood Family Resource Center.

Collaborative Community Provider Case Planning

Carson City Elder MDT...... Call (775) 887-2268

- Aging and Disability Services Division
- Community provider multidisciplinary team focused on coordination and development of case plans for elder and disabled adults, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Local Behavioral Health Policy Groups

Carson City Behavioral Health Task Force:

Facilitator: Mary Jane Ostrander.....Call (775) 887-2190

 Multidisciplinary group of stakeholders, including community treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates; meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Churchill County

For additional local information on community resources, please visit: <u>https://www.fallonchamber.com/community-resources/</u>

<u>County Leadership and Emergency Response</u> More information on Churchill County departments can be found at: <u>http://churchillcounty.org</u>
Churchill County Dispatch: For emergency and non-emergency law enforcement and Emergency Medical Services/ Fire response
Churchill County Sheriff: Sheriff Richard HickoxCall (775) 423-3116
Churchill Juvenile Justice Center: Chief Motulalo Otuafi(Chief O)Call (775) 423-6587
Fallon/Churchill Volunteer Fire Department: Chief Fred Rogne Chief Fred Rogne
Churchill County Health Officer: Dr. Ted McDonald
Churchill County Public Guardian: Shannon Ernst
<u>Crisis Behavioral Health Services: Youth</u> Youth Mobile Crisis Response Team

- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- 24/7, 365 days a year.

Outpatient Behavioral Health Services: Adult and Youth

Fallon Family Wellness Center

40 E. Center Street #4 Fallon NV 89406 Call (775) 423-3392

- Website: <u>https://fallonfamilywellness.com/</u>
- Provides mental health assessments and evaluations; drug, alcohol, and gambling evaluations; individual, family and group sessions, coaching; case management; and medication management.

DPBH Rural Clinics- Fallon

141 Keddie St., Fallon, NV 89406..... Call (775) 423-7141

- Website:dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural_Community_ <u>Health_Services</u>
- Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

Kay Riehm LCSWCall (775) 423-5381

- Outpatient behavioral health counseling.

New Frontier Treatment Center (Certified Community Behavioral HealthCenter) 1490 Grimes St, Fallon, Nevada 89406

Website: http://www.newfrontiernv.us/

• Offers assessment, outpatient behavioral health and substance use treatment counseling, medication management, opioid medication assisted treatment (MAT), peer support, and residential substance use treatment.

Pacific Behavioral Health Call (775) 287-8270 601 W. Moana Lane, Suite 9. Reno, NV 89509

Website: http://pbehavioralhealth.com/

 Provides a comprehensive program of integrative and holistic behavioral healthcare to children and adults that targets the whole person, helping clients to achieve a true balance and life satisfaction. Provides clinical services and assessment, and Psychosocial Rehabilitation Skills (PSR) for all ages.

VA Lahontan Valley Outpatient Clinic

- Outpatient behavioral health counseling for Veterans only

Valley Oasis Counseling, June Sharkey LCSW Call (775) 423-5381 270 S Maine St. Suite 8. Fallon, NV 89406

- Outpatient behavioral health counseling for Veterans only

Social Services

Churchill County Social Services

485 West B St. #105, Fallon, NV 89406.....Call (775) 945-2471

- Website: <u>churchillcounty.org/index.aspx?NID=171</u>
- Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

Banner Churchill Community Hospital

801 East Williams Avenue, Fallon, NV 89406..... Call (775) 423-3151

- Website: <u>https://www.bannerhealth.com/locations/fallon/banner-churchill-</u> <u>community- hospital</u>

Churchill County Community Health Clinic

485 West B Street, Suite #101, Fallon, NV 89406 Call (775) 423-4434

- The clinic offers family planning, women's and men's health and wellness services, well baby checks, and a full array of immunizations for all ages.

Fallon Tribal Health Center

1001 Rio Vista Drive, Fallon, NV 89406.....Call (775) 423-3634

- Website: <u>http://www.fpst.org/departments/fpst-clinic/</u>

DPBH Rural Clinics- Fallon

141 Keddie St., Fallon, NV 89406..... Call (775) 423-7141 – Website:

dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural_Community_Health_Services

 Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

Community Advocacy and Support Services

Churchill Community Coalition Call (775) 423-7433

- Website: <u>http://www.churchillcoalition.com/</u>
- Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

Community Resource LiaisonsCall (775) 217-9958

- Provides case management, community outreach, follow up, and support for vulnerable individuals in the community.

National Alliance on Mental Illness (NAMI) Western NV... Call (775) 440-1626

- Website: <u>https://namiwesternnevada.org/</u>
- Provides peer and family support and education for those experiencing mental health and co-occurring issues. Please see the regional section of this document for overview of programs offered.

Specialty Courts

Western Regional Specialty Courts (WRSC) Call (775) 232-4737

- Email: <u>Westernregionadc@gmail.com</u>
- Provides Drug, Mental Health, DUI Diversion, and Drug-Medication Assisted Treatment (MAT) Services, and Family Drug Court in Churchill County.

County Jail Re-Entry Support Services

Churchill County Forensic Assessment Services Triage Team (FASTT)

.....Call (775) 666-0003

- Email: <u>FASTTrlo@churchillcoalition.com</u>
- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Churchill FASTT include Churchill Social Services, Churchill Coalition, and New Frontier Treatment Agency.

Collaborative Community Provider Case Planning

Churchill County Multidisciplinary Team (MDT):

- Community provider meeting focused on developing collaborative team care plan to support vulnerable adults 18-59 experiencing chronic crisis due to health and behavioral health issues. Community providers also participate in a Division of Child and Family Services MDT, and an Elder Protective Services MDT.

Churchill County Elder MDT:

Coordinator: Michelle Knittle, Nevada ADSD...... Call (775) 687-0832

- Email: <u>mmknittle@adsdnv.gov</u>
- Community provider multidisciplinary team focused on coordination and development of case plans for older adults 60 years or older, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Local Behavioral Health Policy Groups

Churchill Behavioral Health Task Force..... Call (775) 945-2471 Facilitator: Gabrielle Stone

- Multidisciplinary group of stakeholders, including community treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates; meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Douglas County

For additional local information on community resources, please visit Partnership Douglas County's Website at: <u>https://www.pdcnv.org/</u>

County Leadership and Emergency Response

More information on Douglas County departments can be found at <u>www.douglascountynv.gov</u>

Douglas County Dispatch
Douglas County SheriffCall (775) 782-9900 Sheriff Daniel Coverley 1038 Buckeye Road, Minden, NV
Douglas Juvenile ProbationCall (775) 782-9811 Tamara Morris 1038 Buckeye Road, Minden, NV
 Douglas County Emergency Services East Fork Fire Services Call (775) 782-9040 Chief Tod Carlini 1694 County Road, Minden, NV Provides emergency situation management including fires and medical services.
 Tahoe Douglas Fire Protection DistrictCall (775) 586-1577 Fire Chief Scott Lindgren 193 Elks Point Road, Zephyr Cover, NV Provides emergency situation management including fires and medical services.
Douglas County Health OfficerCall (775) 782-9825 Dr. John Holman
Douglas County Public GuardianCall (775) 782-6216 Nicole Thomas PO Box 1929 Minden, NV 89423 Email: <u>nthomas@douglasnv.us</u>

Crisis Behavioral Health Services: Youth

- Provides 24/7 telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.

Community Behavioral Health Outreach Services

Douglas County Mobile Outreach Safety Team.....Call (775) 782-5162 Call county non-emergency dispatch to request a MOST visit. Monday-Friday 8 am – 5 pm.

 Clinician, deputy, and paramedic team that provides clinical and case management community outreach, follow up, and support for individuals experiencing behavioral health issues one day per week on Thursdays.

Outpatient Behavioral Health Treatment Services: Adult and Youth

 Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, medication clinic, and residential supports.

- Provides domestic violence counseling, substance use evaluation, therapy, and family and group counseling in partnership with Sage Health.

Tahoe Youth and	Family	•••••	Call (775) 782-4202
1 5 1 0 11 0 11 1	205 CL 2 C 1	11 11 111 00 110	

1512 U.S. Highway 395, Ste. 3, Gardnerville, NV 89410

- Provides mental health counseling, mentoring, substance abuse treatment and other services.

Three Peaks Therapy

1528 U.S. Hwy 395 N # 250, Gardnerville, NV 89410,	USA
Lance Crowley	Call (775) 721-8463
Mary Wolery	
- Provides counseling, assessment and consultatio	
families, and groups.	

Vitality for Life - Senior Mental Health Wellness

1107 Highway 395 North, Gardnerville, NV 89410

Website: <u>https://www.carsonvalleyhealth.org/services/behavioral-health-services/vitality-for-life-program/</u>

- Vitality for Life is an intensive outpatient mental health and wellness program, treating seniors with anxiety, depression, and a variety of other problems which affect functioning in their everyday lives. The treatment team is composed of a psychiatrist, Licensed Clinical Social Workers and nursing staff. Located on the second floor of Carson Valley Medical Center.

Health Services

	Douglas County Community Health
	1329 Waterloo Lane, Gardnerville, NV 89410
	- The clinic offers family planning, women's and men's health and wellness
	services, well baby checks, and a full array of immunizations for all ages.
	Carson Tahoe Minden Medical CenterCall (775) 445-8000
	Emergent Care/Walk-In ClinicCall(775) 445-7800
	925 Ironwood Dr, Minden, NV 89423
	Carson Valley Health (Hospital)Call (775) 782-1500
	1107 Highway 395 Gardnerville, NV 89410
	- Critical access hospital offering physicians, walk-in clinic and emergency
	services.
	- Accepts Medicaid and most private insurances.
_	Carson Valley Health-Primary Care at Ironwood
	897 Ironwood Dr. (2 nd Floor), Minden, NV 89423 Call (775) 782-1610
—	Carson Valley Health-Primary Care at Minden Village
	1649 Lucerne St. Minden, NV 89423Call (775) 782-1603
_	Carson Valley Health-Primary Care at Topaz Ranch
	3919 Carter Dr. Wellington, NV 89444 Call (775) 783-3096
_	Carson Valley Health-Primary Care at Virginia Ranch Road (Job's Peak)
	1520 Virginia Ranch Rd. Gardnerville, NV 89410 Call (775) 782-1550
_	Carson Valley Health-Senior Care
	1516 Virgina Ranch Rd. Gardnerville, NV 89410 Call (775) 783-4823
_	Carson Valley Health-Outpatient Behavioral Health Clinic
	1107 U.S. Hwy 395 N. Building C, Gardnerville, NV 89410 Call (775) 782-1630
_	- Washoe Tribal Health CenterCall (775) 265-4215
	1559 Watasheamu Rd, Gardnerville, NV 89460
	Website: <u>https://washoetribe.us/</u>
	- Tribally operated clinic that provides direct health care services at no cost to

 Tribally operated clinic that provides direct health care services at no cost to Native Americans and beneficiaries.

Social Services

 Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

School Support Services

Douglas County School District

Executive Dir	ector, Sh	annon Brown	Call (775) 782-7179

Specialty Courts

Western Regional Specialty Court (WRSC)

WRSC Administrative Coordinator- EJ Maldenado).....Call (775) 232-4737 Email: westernregionaldc@gmail.com

- Provides DUI Diversion and Drug Medication Assisted Treatment (MAT) Court in Douglas County.
- Treatment Coordinator: Carol Basagoitia, CCC Call (775) 882-6126

County Forensic Services and Jail Re-Entry Case Management Services

Douglas County Forensic Assessment Services Triage Team (FASTT)

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.
- Participating agencies on Douglas County FASTT include PDC, Community Counseling Center, Douglas County Social Services, and Tahoe Youth and Family Services.

Community Advocacy and Support Services

Friends in Service Helping (FISH)

- Provides food assistance and instruction, clothing, and medical aid to individuals who face food insecurity and other challenges.
- Mondays 2 pm 6 pm, Wednesdays 2 pm 6 pm, Fridays 9 am 1 pm.

Partnership Douglas County

1625 Hwy 85, Suite 104, Gardnerville, NV 89410.....Call (775) 782-8611 Website: <u>https://www.pdcnv.org/</u>

 Promotes and facilitates community cooperation, planning, and interaction to maximize resources in the community through substance use prevention and wellness promotion.

Suicide Prevention Network.....Call (775) 783-1510 1625 SR 88, Suite 101, Minden, NV 89423 Website:

https://www.spnawareness.org/

- Provides suicide awareness, support, and prevention in Douglas and Eldorado Counties.
- Facilitates the teen advocacy group, Living Out Loud Group Douglas County, twice a month.

Collaborative Community Provider Case Planning

Douglas County Multidisciplinary Team and Elder MDT......Call (775) 782-9825

- Community provider meeting focused on developing collaborative team care plan to support vulnerable adults aged 18-59 experiencing chronic crisis due to health and behavioral health issues, and adults 60 years or older, who are experiencing elder abuse, exploitation, neglect, or self-neglect. Community providers also participate in a Division of Child and Family Services MDT.

Local Behavioral Health Policy Meeting

Douglas County Behavioral Health Task Force:

Facilitators:

Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Lyon County

For additional local information on community resources, Please contact Lyon County Human Services' resource directory at: <u>https://lyon-county.org/DocumentCenter/View/5966/LCHS-2018-</u> <u>Community-Resources-</u> <u>Directory?bidId</u>

<u>County Leadership and Emergency Response</u> More information on Lyon County departments can be found at <u>https://www.lyon-county.org/</u>

Lyon County Dispatch Call (775) 463-6620 or (775) 577-5023 For emergency and non-emergency law enforcement and Emergency Medical Services/ Fire response Lyon County Sheriff:.....Call (775) 463-6615 or (775) 577-5024 Sheriff Brad Pope 911 Harvey Way, Yerington, NV 89447 Lyon County Juvenile Probation Call (775) 463-6641 Chief Eric Smith 31 S. Main Street Annex Yerington, NV 89447 Lyon County Emergency Services North Lyon Fire Protection District...... Call (775) 575-3310 Fire Chief Jason Nicholl 195 E Main St, Fernley, NV 89408 Central Lyon Fire Protection District...... Call (775) 246-6209 Fire Chief Rich Harvey 246 Dayton Valley Rd Ste 106, Dayton, NV 89403 Website: http://centrallyonfire.org/ Mason Valley Fire Protection District.....Call (775) 463-6535 Fire Chief Scott Draper 118 South Main Street, Yerington, NV 89447 Website: https://masonvalleyfire.org/index.php Smith Valley Fire Protection District Call (775) 465-2577 Fire Chief Matt Nightingale 1 Hardie Lane, Smith, NV 89430 Website: https://www.svfpd.org/

Lyon County Human Service DirectorCall (775) 577-5009 Shayla Holmes 620 Lake Avenue Silver Springs, NV 89429

Crisis Behavioral Health Services: Adult and Youth

Lyon County Mobile Outreach Safety Team (MOST)

Call Sheriff's non-emergency dispatch at (775) 463-6620 to request a MOST visit. Monday - Friday 8 am- 5 pm.

- Clinician, deputy, and case manager team that provides community outreach and support for individuals experiencing behavioral health issues 3 days per week.

Youth Mobile Crisis Response Team

- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- Crisis Hotline: 24/7

Outpatient Behavioral Health Services: Adult and Youth

Amber Creek Counseling and Recovery Services.....Call (775) 575-2144 415 Hwy 95A, Building G-701, Fernley, NV 89408

 Provides individual, couples and family counseling including alcohol and drug issues, anxiety and stress, conflict resolution, anger and depression, domestic violence and sexual abuse, grief and loss.

Community Chest, Inc.

415 Hwy 95A, Suite D, Fernley, NV 89408...... Call (775) 847-9311 175 E. Carson St. Suite A., Virginia City, NV 89440.....Call (775) 847-9311 Website: <u>www.communitychestnevada.net</u>

 The family advocacy program includes many types of counseling services such as domestic violence, substance abuse, personal and court-ordered counseling, and case management. Counselors also work with many high school prevention programs.

Dayton Valley Family Therapy.....Call (775) 461-2094 246 Dayton Valley Road, Suite 102-A, Dayton, NV 89403

 Therapeutic counseling is available to help individuals, couples, and families with depression, anxiety, relationship issues, domestic violence, family dynamics, women's issues, and job/school related stress. Discount Counseling & DUI School.....Call (775) 250-3149

45 W. Cedar St, #110, Fernley, NV 89408

 Counseling for substance abuse, marriage and family, communication/anger management, parenting, and court mandated counseling. DUI school and evaluations.

 Provides outpatient behavioral health assessment, counseling, and psychosocial rehabilitation (PSR) and basic skills training (BST) for youth and adults and offers an intensive outpatient treatment program (IOP) for youth.

 All Rural Nevada Counseling offices provide a variety of behavioral health and substance use treatment services including outpatient and intensive outpatient groups and counseling, medication assisted treatment, transitional living, anger management, DUI school, case management, and treatment support with specialty courts.

Health Services

Banner Health Center	Call (775) 575-7171
1260 Nevada Pacific Blvd. Fernley, NV 89408	
Website: www.bannerhealth.com	
Carson Tahoe Dayton Medical Center	Call (775) 445-7210
901 Medical Center Dr. Dayton, NV 89403	
Website: www.carsontahoe.com	
Renown Medical Group-Fernley	Call (775) 982-5000
1343 West Newlands Dr. Fernley, NV 89408	
Website: https://www.renown.org/Locations	
South Lyon Medical Center	Call (775) 463-2301
213 S. Whitacre St. Yerington, NV 89447	
Website: <u>https://slmcnv.org/</u>	
website. <u>https://simenv.org/</u>	
– Barnett Clinic	Call (775) 463-2301
213 S. Whitacre St. Yerington, NV 89447	× ,
– Physician's Clinic	Call (775) 463-2301
213 S. Whitacre St. Yerington, NV 89447	
Smith Valley Clinic	
	Call (775) 463-2301

Silver Springs Rural Health Medical Center Call (775) 577-2117

3595 US 50, Silver Springs, NV 89429 Website: https://www.renown.org/Locations

DPBH Rural Clinics

Website:

dpbh.nv.gov/Programs/ClinicalDropIn/Locations/Rural_Counseling_and_Supportive_ Services_Location/_

- Provides a comprehensive array of services to the severely mentally ill and severely emotionally disturbed populations. Services include outpatient counseling (individual, family and group), psychosocial rehabilitation, case management, and medication clinic.

 - Fernley Clinic...... Call (775) 575-7744
 415 Hwy 95A, Bldg. I, Suite 901, Fernley, NV 89408

 - Yerington Clinic...... Call (775) 463-3191
 215 Bridge Street, #5, Yerington, NV 89447

Human and Senior Services

Lyon County Human Services

5 Pine Cone Rd, #103, Dayton, NV 89403	Call (775) 246-6326
460 W. Main St, #110, Fernley, NV 89408	· · · · ·
620 Lake Ave, Silver Springs, NV 89429	Call (775) 577-5009
26 Nevin Way, Yerington, NV 89447	Call (775) 463-6583
Website: <u>https://www.lyon-county.org/201/Locations</u>	

- Provides one-on-one training, resources, and support for individuals to obtain the skills necessary to gain and sustain employment.

School Support Services

Safe School Professionals- Healthy Communities Coalition:

Michelle Watkins/Noel Chounet - Supervisor Call (775) 246-7550

 Provides behavioral health support to Lyon County School District High Schools (Dayton, Silver Springs, Fernley)

Specialty Courts

Western Regional Specialty CourtsCall (775) 232-4737

Email: <u>Westernregionadc@gmail.com</u>

- Provides Mental Health, DUI Diversion, and Drug Medication Assisted Treatment (MAT) Courts in Lyon County.

County Jail Re-Entry Support Services

Lyon County Forensic Assessment Services Triage Team (FASTT)

Coordinator: Heather Benson, Lyon County Human Services......Call (775) 577-5009 Email: <u>hbenson@lyon-county.org</u>

- FASTT is a multidisciplinary case management team that provides screening and service plan development for mental health, substance use, and basic needs.

Advocacy and Community Support Services

Friends in Service Helping (FISH) Call (775) 265-FISH (3474) Website: <u>https://www.nvfish.com/</u>

- Provides food assistance and instruction, clothing, and medical aid to individuals who face food insecurity and other challenges.
- Mondays 2 pm 6 pm, Wednesdays 2 pm 6 pm, Fridays 9 am 1 pm.

Healthy Communities Coalition for Lyon and Storey Counties

209 Dayton Valley Rd, Dayton, NV 89403 Call (775) 246-7550 Website: <u>https://healthycomm.org/</u>

- Assists community members in accessing youth substance abuse prevention and leadership/job training, senior issues, access to affordable, locally grown food and access to basic healthcare services and behavioral health care.
 - Dayton Food Pantry:
 - 209 Dayton Valley Road, Dayton, NV Call (775) 246-7834
 - Tuesday Thursday 10:00 am 4:00 pm.
 - Silver Stage Food Pantry:
 - 1290 Lahontan St., Silver SpringsCall (775) 577-9161
 - Wednesday Friday 10:00 am 4:00 pm.
 - Yerington Food Pantry:
 - 502 W. Bridge Street, Yerington, NV..... Call (775) 350-5497
 - Wednesday Thursday from 9:00 am 4:00 pm.

National Alliance on Mental Illness (NAMI) Western Nevada Call (775) 440-1626 Website: <u>https://namiwesternnevada.org/</u>

 Provides peer and family support and education for those experiencing mental health and co-occurring issues. Please see the regional section of this document for overview of programs offered.

Collaborative Community Provider Case Planning

Lyon County Multidisciplinary Team (MDT)

Coordinator: Shayla Holmes, Lyon County Human Services.....Call (775) 577-5009 Email: <u>sholmes@lyon-county.org</u>

- Community provider meeting focused on developing collaborative team care plans to support vulnerable adults aged 18-59 experiencing chronic crisis due to health and behavioral health issues. Community providers also participate in a Division of Child and Family Services MDT, and an Elder Protective Services MDT.
- Note: To provide referral to the vulnerable adults MDT, client must sign aRelease of Information. For more information on these MDTs please contact the coordinator listed above.

Lyon County Elder Multidisciplinary Team (MDT)

Coordinator: Michelle Knittle, Nevada ADSD...... Call (775) 687-0832 Email: <u>mmknittle@adsdnv.gov</u>

 Community provider multidisciplinary team focused on coordination and development of case plans for older adults 60 years or older, who are experiencing elder abuse, exploitation, neglect or self-neglect.

Division of Child and Family Services Youth Multidisciplinary Team (MDT)

.....Call (775) 684-4400

Website: <u>https://dcfs.nv.gov/contact/contact_us/</u>

- Multidisciplinary team hosted by Division of Child and Family Services focused on coordination and development of case plans for children who are suspected to be experiencing abuse or neglect.

Local Behavioral Health Policy Meeting

Lyon County Behavioral Health Task Force:

Facilitator: Shayla Holmes

– Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community behavioral health gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

Storey County

County Leadership and Emergency Response More information on Lyon County departments can be found at <u>http://www.storeycounty.org/</u>
Storey County Dispatch Call (775) 847-0950
Storey County Sheriff
Sheriff Michael S. Cullen
205 S C Street, Virginia City, NV 89400Call (775) 847-0959
Storey Assistant Sheriff
Assistant Sheriff Eric Kern
205 S C Street, Virginia City, NV 89400Call (775) 847-0959
Storey County Fire Department
Fire Chief Jeremy Loncar
145 N. C St. PO Box 603 Virginia City, NV 89440 Call (775) 847-0954
Storey County Community Relations Coordinator
Lara Mather
Crisis Behavioral Health Services: Youth

Youth Mobile Crisis Response Team

Call center hotline	
Website: http://knowcrisis.com/	

- Provides telephone triage, mobile crisis response, and crisis stabilization for youth across Nevada.
- Crisis Hotline: 24/7

Outpatient Behavioral Health Services: Adult and Youth

Community Chest, Inc.

415 Hwy 95A, Suite D, Fernley, NV 89408...... Call (775) 847-9311 175 E. Carson St. Suite A., Virginia City, NV 89440.....Call (775) 847-9311 Website: <u>www.communitychestnevada.net</u>

- Provides outpatient counseling, case management, workforce employment support, and domestic violence services.

Senior Services/Community Centers

Storey Senior Center - Virginia City 100 Mill St., Virginia City, NV 89440	Call (775) 847-0957
Lockwood Community/Senior Center 800 Peri Ranch Road, Sparks, NV 89434	Call (775) 342-2840
Mark Twain Community Center 500 Sam Clemens Road, Dayton, NV 89403 Library Hours: Monday-Thursday 3 pm - 6 pm.	Call (775) 241-2730

Health Services

Nevada Health Centers

175 E. Carson Street, Virginia City, NV 89440.....Call (800) 787-2568 https://www.nevadahealthcenters.org/locations/rural-nevada/virginia-city/

Virginia City Community Center

175 E. Carson Street, Suite A. Virginia City, NV 89440.....Call (775) 445-3510 https://www.nevadahealthcenters.org/locations/rural-nevada/virginia-city/

Advocacy and Community Support Services

Community Chest, INC

415 Hwy 95A, Suite D, Fernley, NV 89408	Call (775) 847-9311
175 E. Carson St. Suite A., Virginia City, NV 89440	Call (775) 847-9311
Website: www.communitychestnevada.net	

National Alliance on Mental Illness (NAMI) Western Nevada ..Call (775) 440-1626 Website: <u>https://namiwesternnevada.org/</u>

- Provides peer and family support and education for those experiencing mental health and co-occurring issues.

Healthy Communities Coalition for Lyon and Storey Counties

209 Dayton Valley Rd., Dayton, NV 89403 Call (775) 246-7550 Website: <u>https://healthycomm.org/</u>

Specialty Courts

Western Regional Specialty Courts (WRSC) Call (775) 232-4737 Email: <u>Westernregionadc@gmail.com</u>

 Provides DUI Diversion and Drug Medication Assisted Treatment (MAT) Court for Storey County Residents in Carson City.

Local Community Policy Meeting

Storey County Multidisciplinary Team MeetingCall (775) 847-0986

 Multidisciplinary group of community stakeholders, including treatment providers, hospital partners, emergency services/fire, law enforcement, social services, and peer and family advocates, that meets monthly to identify community gaps and needs, and develop solutions to develop and enhance local behavioral health resources.

School Support Services

Community Chest, Inc.

415 Hwy 95A, Suite D, Fernley, NV 89408...... Call (775) 847-9311 175 E. Carson St. Suite A., Virginia City, NV 89440.....Call (775) 847-9311 Website: www.communitychestnevada.net

Additional Resources

For additional information and resources, please visit <u>https://nvbh.org</u>

Please utilize the following QR Codes, for video explanations of the Mental Health Crisis Holds process in Nevada:



Nevada Adult Crisis Hold Explanation (English)



Explicación de una Retención de Crisis para Adultos en Nevada (en Español)



Nevada Youth Crisis Hold Explanation (English)



Explicación de una Retención de Crisis para Jóvenes en Nevada (en Español)

KNOW CRISIS PROGRAM MISSION

Mobile Crisis Response Team strives to help Nevada children and adolescents live happily and safely in theirhomes and communities.

THE COMMUNITY WHO WE SERVE

The Mobile Crisis Response Team provides crisis intervention and stabilization services for youth and families of youth under the age of 18 who are exhibiting behavioral / mental health concerns in which the behavior requires urgent intervention.



DIVISION OF CHILD AND FAMILY SERVICES

6171 W. Charleston Blvd, Bldg 10 Las Vegas, NV 89146

4600 Kietzke Lane Bldg D. Reno, NV 89502

DIVISION OF PUBLIC AND BEHAVIORAL HEALTH

Rural Administrative Office 1825 Pinion Rd. Suite A Elko, NV 89801

HOTLINE

702.486.7865 Las Vegas/Rural

775.688.1670 Washoe

KNOWCRISIS.COM

For Nevada's Children and Families

Sometimes what children don't say speaks louder than what they do.



GOALS

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- Support and maintain youth in their home and community environment.
- Promote and support safe behavior in youth in their homes and community
- Reduce admissions to Emergency Departments due to a behavioral health crisis.
- Facilitate short term in-patient psychiatric hospitalization when needed.
- Assist youth and families in accessing and linking to on-going support and services.

MOBILE CRISIS RESPONSE TEAMS

The team supports youth and families in behavioral and mental health crisis situations and helps to find community services for youth and their families. The Mobile Crisis Response Team(MCRT) is designed to reduce emergency department visits due to a psychiatric crisis and to reduce psychiatric hospitalizations when appropriate by providing immediate support and crisis interventions, short-term stabilization and case management services. Interventions are provided in the community, home, and/or through phoneconsultation.

TELEPHONE TRIAGE

Crisis staff are available to provide support over the phone to assist in resolving or preventing a crisis situation. After an intervention screening, a referral will either be made to a community resource or to the Mobile Crisis Response Team clinician. MCRT triage operates 24 hours a day, 7 days a week, 365 days a year.

CRISIS RESPONSE

If it is determined that further care is needed, a team will respond to the youth and family in crisis. The team will work to de-escalate the crisis and provide interventions to stabilize the crisis. Depending on where the family is located and the time of day, a team may respond in-person or via telehealth.

CRISIS STABILIZATION

Crisis stabilization is a short-term, mental health intervention provided in or outside of the youth and family home. It is designed to assess, manage, monitor, stabilize and support the youth's wellbeing. Teams develop individualized crisis and/or safety plan with the family to help support the youth.

AFTER CARE

The Mobile Crisis Response Team is available to follow up with youth and their families to ensure that there is a smooth transition to needed supports and services in the community.

FREE MENTAL HEALTH HELP FOR YOUTH - 24/7

KNOWCRISIS.COM

HOTLINE 702.486.7865 775.688.1670 Las Vegas/Rural Washoe

KNOW CRISIS La Misión del Programa

El Equipo Móvil de Respuesta Infantil se esfuerza en ayudar a los niños y adolescentes de Nevada a vivir felices y seguros en su hogar y comunidades

LA COMUNIDAD A LA QUE SERVIMOS

El Equipo Móvil de Respuesta a Crisis proporciona intervenciones de crisis y servicios de estabilización para jóvenes y familias de jóvenes, que demuestren problemas de salud mental o conductual en los cuales el comportamiento requiere una intervención urgente.



DIVISIÓN DE SERVICIOS PARA LA NIÑEZ Y FAMILIAS

6171 W Charleston Blvd, Edificio 10 Las Vegas, NV 89146

4600 Kietzke Lane Edificio D. Reno, NV 89502

División de Salud Pública y Comportamiento Mental Oficina Administrativa Rural

Rural Administrative Office 1825 Pinion Rd. Suite A Elko, NV 89801

LÍNEA DIRECTA

702.486.7865 Las Vegas/Rural

775.688.1670 Washoe

KNOWCRISIS.COM

Para los niños y familias de Nevada

A veces lo que los niños no dicen habla más fuerte que lo que hacen.



Objetivos

- Apoyar y mantener a los jóvenes en su hogar y entornocomunitario.
- Promover y apoyar comportamientos
 - seguros en los jóvenes en sus hogares y comunidad.
- Reducir las admisiones a los departamentos de emergencia debido a una crisis de salud conductual.
- Asistir a los jóvenes y familias a acceder y conectarse con apoyo y servicios continuos.
- Re-dirigir a los niños y jóvenes de las intervenciones de alto nivel (como la hospitalización de pacientes internos) si existe una alternativa de atención segura y eficaz que sea de nivel menor.



EQUIPOSMÓVILESDE RESPUESTAA CRISIS

El equipo apoya a los jóvenes y familias en situaciones de crisis de comportamiento y salud mental y ayuda a encontrar servicios comunitarios para los jóvenes y sus familias. El Equipo Móvil de Respuesta a Crisis (MCRT, por sus siglas en inglés) está diseñado para reducir las visitas al departamento de emergencias debido a una crisis psiquiátrica y para reducir las hospitalizaciones psiquiátricas cuando corresponda brindando apoyo inmediato e intervenciones de crisis, estabilización a corto plazo y servicios de administración de casos. Las intervenciones se brindan en la comunidad, el hogar y/o mediante consultas telefónicas.

TRIAJE TELEFÓNICO

El personal de crisis está disponible para brindar apoyo telefónico y ayudar a resolver o prevenir una situación de crisis. Después de una evaluación de intervención, se hará una referencia a un recurso comunitario o al médico del Equipo Móvil de Respuesta a Crisis.

El triaje de MCRT opera las 24 horas del día, los 7 días de la semana, los 365 días del año.

RESPUESTA A LA CRISIS

Un equipo responderá a los jovenes y familias en crisis. El equipo trabajará para reducir la escala de la crisis y brindará intervenciones para estabilizar la crisis. Dependiendo de dónde se encuentre la familia y la hora del día, un equipo puede responder en persona o a través de Telehealth.

ESTABILIZACIÓN DE CRISIS

La estabilización de crisis es una intervención de salud mental a corto plazo proporcionada dentro o fuera del hogar del joven y la familia. Está diseñado para evaluar, administrar, monitorear, estabilizar y apoyar el bienestar de los jóvenes. Los equipos desarrollan un plan individualizado de crisis y/o seguridad con la familia para ayudar a apoyar al joven.

CUIDADO POSTERIOR

El Equipo móvil de respuesta a crisis está disponible para hacer un seguimiento de los jóvenes y sus familias para garantizar que haya una transición sin problemas a los apoyos y servicios necesarios en la comunidad.

AYUDA GRATUITA DE SALUD MENTAL PARA JÓVENES - 24/7

KNOWCRISIS.COM

LÍNEA DIRECTA 702.486.7865 775.688.1670 Las Vegas/Rural Washoe



Medical Facility Transportation Resource Guide

MTM is committed to partnering with medical facilities in **Nevada** to ensure seamless, successful transportation delivery to members. We want to be the best partner possible for your facility to ensure that your members are served appropriately. MTM offers several dedicated resources to your staff for scheduling rides for members and delivering support services.

Please use this *Resource Guide* as a convenient means for contacting MTM with your needs. It contains useful contact information for facilities and members to utilize.

Facilities			
Plan	How to Request Transportation	Days' Notice	Additional Resources
Nevada Medicaid	Call: 1-844-299-6333 TTY:711 Online Scheduling: https://pst.mtmlink.net/	Hours to Call: 24/7 365 Days Per Year Routine Appointments: 3 Business Days Urgent Appointments: 24/7 365 Days Per Year	MTM Nevada Website Register for Online Scheduling Community Outreach: CO-NV@mtm-inc.net File a Complaint: Call: 1-866-436-0457 Email: QM@mtm-inc.net
Members			
Call the Reservation Line: 1-844-879-7341 Online scheduling cannot be used for members that are within the service area of public transportation			



For an electronic copy of this document, scan the QR code below:



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